LEARN HOW TO CREATE
A PARADE FLOAT. See page 2

SOCIAL SECURITY IS A
PHONE CALL AWAY. See page 8

GRAPEVINE

VISITACION·VALLEY

Vol. II. No. 4 SERVING OUR COMMUNITY APRIL 1987

COLORFUL SENIOR GARDEN LOCATED ON ARLETA AVENUE

Save Our Gardens!

In February, Supervisor Bill Maher requested a long term lease on our gardens, plus four other gardens on city land. This was in conjuction with his Community Gardens Resolution to get long term leases on gardens on city land.

On March 12, I received a letter from the San Francisco League of Urban Gardeners (SLUG), who was just informed by the Real Estate Department of San Francisco, working on behalf of Supervisor Maher's request, that Visitacion Valley (location #5) should not be considered for a long term lease.

The Water Department now contemplates declaring the property surplus, and selling it on the open market. Plans are to relocate a 44 inch pipeline to adjacent streets. After a cost estimate for relocation has been developed, the Public Utilities Commission will make a final decision.

What does this mean to us? It means that our gardens are in danger! As well as the open space throughout the Valley, this includes the vacant land running through the Valley, where the water pipes lay.

Continued on Page 4

Escort Service Celebrates Christening Of Vans

By Mary Lou Wagner

Visitacion Valley Senior Transportation Escort Service, held a christening of 2 new vans on February 26, 1987 with Supervisor John Molinari doing the honors. This wonderful event was the results of years of hard work and dedication by Program Director John King.

VVSTES was awarded grants from the Department of Aging- one time only fund-through the San Francisco Commission on Aging and Cal-tran 16(b)(2) funding, which called for matching funds from local contributions. The local contributions were raised by the VVSTES Advisory Council, under the leadership of President Violette King, Vice President Marge Oubre, and Treasurer Audrey Lavalais. Luncheons, raffles and trips were held to raise part of the matching funds. These events were successful because of the support given by the community. Donations of food and prizes came from Advisory Council members, citizens of Visitacion Valley, Little Hollywood, Johnny Nelson, owner of Mila's Video and Pat Maguire, past owner of Hawaiian BBQ Restaurant. The balance of the local contribution came from a grant awarded by Evelyn & Walter Haas, Jr. fund.

To complete the picture of local support and dedication, it took many hours of writing and re-writing of the proposals by the staff of VVSTES. If J. C. Thompson, and John Laird hadn't been so determined to keep the two old vehicles running until the new ones arrived, no one is sure how things would be for this program today.

Drug Trafficking Is Increasing

By Cheryl Cowan

Visitacion Valley is a neighborhood fighting for it's life. This community has fallen victim to a ruthless, infamous predator--drugs. Merchants, residents and police fear that drug abuse and it's offspring, crime, are decreasing the quality of life for people living in the area.

Captain Frank Reed of the Potrero Police Station affirmed that it is difficult to pinpoint exactly what percentage of crimes in Visitacion Valley are drug related. Reed noted "Many times you have people from other neighborhoods who commit crimes in this area. It's hard to establish that an assault or a robbery was drug related." Reed speculated that most burglaries and many robberies are crimes associated with drugs.

Reed cited the corner of Sunnydale and Hahn as being the center of drug trafficking in Visitacion Valley. According to Reed, the Potrero area, which includes Potrero, Portola, Bayview, Visitacion Valley and Little Hollywood, has a bad reputation. "The Tenderloin and the Western Addition are worse in terms of the crime rate," he noted.

Residents of the Sunnydale Projects feel that drugs are taking over. One resident (who wished to remain anonymous) said she has lived in the projects for seven years and the corner of Sunnydale and Hahn has deteriorated considerably. "It's gotten to the point where they try to flag you down when you drive by, or they approach you at the bus stop and try to sell you drugs," the source explained.

The source affirmed that she and other residents fear that innocent bystanders may get caught in crossfire between the police and drug dealers from police raids. "It may sound crazy but sometimes I worry that my home may be mistaken for a dealers house in a

Continued on Page 2

Teens Tell Teens About Alcoholism

By Pat Christensen

Every 5 seconds a teenager has an alcohol or drug related accident and every 23 minutes a teenager dies in such an accident in the United States. 58 teenage suicides to one are alcoholic. Forty-one percent of all teenagers "binge drink" every two weeks. A binge is defined as 5 or more drinks in an episode. These statistics are the sobering facts which motivate Tryshe Dhevney, Founding/Director of Teens Kick-Off, and herself a recovering alcoholic.

"I have been 6 1/2 years in recovery," says Tryshe. "Several years ago I was desperate. I wondered why I had been put here on earth. I was a professional actor, and a child educator. I said o.k. God, why was I put here?" I was putting my life back together again after a bout with alcoholism, and I was searching for a meaning. The idea came to me in a dream. I thought I will create theater and have teens talk to their peers.

"There were lots of naysayers around me. They didn't believe that teenagers could carry off the drama. They said I should get the stories from the kids and have professional actors play the parts. But I felt that kids telling their own stories would be powerful. It's raw -- not slick. The audience relates."

Tryshe proved to be right.

Her recovering teenage alcoholics and drug abusers are persuasive storytellers, especially since the stories are their personal histories. "Approximately 20% of our teenage audiences come forward to seek help either from the actors or from school counselors," declares Dhevney. "The atmosphere of live theater works effectively- it entertains, it reaches into the audience's heart establishing emotional identity, and it provides realistic, positive peer models."

Beginning in May 1984, young people were recruited from Bay Area treatment facilities and the "cast" was trained in acting skills. A script was prepared by recalling events and feelings which affected

Continued on Page 3

CENTERVOICE

By Julia Kavanagh

Founders Day was one of the loveliest days at VVCC in recent memory. I was so proud of everyone who participated. The Committee did a tremendous job, and the entertainment was superb. A highlight for me was the play "Memorylight: A Bridge" written and directed by Ms. Wendy Blair, and beautifully performed by Theatre Works. This play was a riveting depiction of the importance of history in the shaping of the future, and was a great success artistically, visually and historically. Additional performances will be held on April 11, 17 & 18, all at 2:00p.m. Don't miss this show. Our intergenerational theatre group needs your support, particularly now when we are seeking funds to continue the Program.

The Family School is no longer on Arleta Street. They are here with us while we seek roomier quarters for them. It is nice to have them around, but I'm sure they will be glad to have the extra space when they move into their new home. We hope to have the new address for you very soon, and when we do...please stop by for a visit. They would love to have a few volunteers from time to time.

Perhaps you've heard that the Water Department wnats to declare the Community Gardens as surplus property and put them on the market in about a year from now? We were distressed at the news, and are trying to help them change their minds. There is a petition circulating now. If you haven't seen it, just drop by, and one of us will be sure you get one.

Happy spring, folks. Keep watching this space for Center news, and come by to see us or call us any time. We stand ready to assist you with our considerable resources...which, by the way, are growing daily as our membership grows. Remember, you are the Community Center. The more we commit ourselves to each other, the stronger our community can be.

MIKE SWEETOW, OWNER OF HAWAIIAN BARBEQUES & LUAU FOODS DEMONSTRATES HIS PENNY-PITCHING PROWESS FOR TED MAKALENA, JR., SON OF FORMER P.G.A. GOLFER & WINNER OF 1966 ST. ANTHONY'S PENNY PITCHING FUNDRAISER LOSING THIS YEAR TO EVENT ORGANIZER, ED MOOSE, OWNER OF WASHINGTON SQUARE BAR & GRILL. THIS YEAR'S EVENT RAISED ABOUT $17,000 TO HELP FEED SAN FRANCISCO'S POOR.

Drug Trafficking Increasing

Continued from Page 1

drug raid. Whenever the police have raids they block off the area and it's impossible to leave or for anyone else to come in. You feel like a hostage in your own home," the source sighed.

On the first and fifteenth of each month Pacific Bell, PG&E, and the local drug dealer gets paid. According to the source, "Since a lot of people in the projects receive welfare, they (the dealers)let them get drugs on credit. The dealers just come by on the first and fifteenth when people get their checks, and pick up the money."

Both police and residents agree that the real tragedy of drug abuse is how it affects minors. "The juveniles are to a large extent used as runners by large dealers. They are attracted to drugs for two major reasons -- glamour and money," Reed noted.

Officer Hansan, a patrolman with the Potrero Police Station, said that juveniles can make approximately $440 in two or three hours selling drugs. "They (the juveniles) get together $120 of their own money and buy a vile of crack, which consists of 22 rocks. Then they sell the rocks for $20 a piece," he explained. Hansan stated that most narcotics arrests are for crack -- a rock form of cocaine -- also known as "hubbas" and "ready rock" on the street. "It's very rare that we have an arrest for cocaine in the powder form. Crack is all that's out there," Hansan stated.

To be continued.

Speaking of Health

By Jacqueline W. Wasserman, RN, FNP

CALCIUM AND OSTEOPOROSIS

Recently, calcium has been written and talked about in relation to osteoporosis. Osteoporosis is a result of aging, when the bones become brittle and break easily. Now, with the increased awareness of calcium and its role in prevention of osteoporosis, it's being added to everything from soda to hamburger rolls. There are some facts that should be understood about calcium to benefit from the intense media hype.

We need calcium not only to keep bones solid, but also for body functions that include everything from blood coagulation to hormonal secretion. 99% of calcium is in our bones, but the 1% in the tissues and blood is equally essential. Vitamin D plays a major part in calcium regulation in the body, which is why it is added to milk. As we age, the calcium- regulating system becomes less efficient and less calcium is absorbed. Especially for postmenopausal women, with the loss of estrogen (which stimulates the calcium- regulating system), bones become brittle and porous.

Although the addition of calcium to the diet through supplementation can help, there are other factors that are more important. Since calcium cannot work alone in being absorbed, including the following recommendations in one's life style can lead to stronger bones and less problems as one ages. And if one is elderly, it is still possible to maintain what bone strength exists.

Weightbearing exercise (walking, jogging, bicycling) has been shown to increase bone density. This helps at any age. Exposure to sunlight -- which produces an inactive form of Vitamin D in the skin -- also aides in calcium absorption. A diet high in dairy products, green leafy vegetables, beans, tofu, salmon, sardines and molasses leads to stronger bones. These factors are essential in keeping bones strong and are superior to just adding vitamin supplementation.

LAST LUNCH

The last free lunch for Visitacion Valley artists will take place on April 28, 12 noon at Ailson's house: 136 Alpha St/Teddy. Don't miss this one! Local artists have been wined and dined monthly as we prepare for the second annual Visitacion Valley Arts Festival (May 11-18) Great food/art/people! Check it out! RSVP: Allson 467-5248

GRAPEVINE
VISITACION·VALLEY

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Teens Tell Teens About Alcoholism

Continued from Page 1

their addiction and influenced their recovery. From their examination of these emotions and experiences a play was built.

The audience follows the personal journeys of these young addicts from the first drink or drug use to the last. The story dramatizes the impact of peer pressure and parental influences. It tells the tale of alienation and denial and finally exposes the forces which lead to recovery.

After the play, there is open discussion between the actors and the audience. The kids conduct this give and take session and Tryshe Dhevney steps in only when she is needed for clarification, additional information, or if the kids get in over their heads.

Teens Kick-Off performs in Bay Area schools, but they have also performed in Washington, D.C. and North Carolina by invitation.

It is Dhevney's goal to set up a training lab so that counselors, teachers or parents can go back to their communities and begin programs similar to Teens Kick-Off. Dhevney is seeking funding to make this dream a reality.

The effectiveness of Teens Kick-Off, and of the many young people who have gone through the program is remarkable. There is no known record of relapse. "They stay clean and sober," says Tryshe Dhevney, "and I am amazed because it is very difficult for them. I believe it is the peer pressure of our group. They don't want to fail in the eyes of their friends and fellow performers who have accomplished so much."

"Memorylight - A Bridge"

"Memorylight - A Bridge" is an original dramatic presentation from Theatre Works, the performing arts project of the Visitacion Valley Community Center. Performing dates are: Saturday, April 11, Friday, April 17 and Saturday, April 18. All shows will be staged in the gym at the Visitacion Valley Community Center, 50 Raymond Avenue, San Francisco. Showtime is 2 P.M.

"Memorylight", set in the future on the star, Tima, features a talented multicultural cast aged seven to seventy-plus years. Young space travelers, sent on an intergalactic mission, encounter eye-opening surprises and a mysterious guardian who holds the secret to many discoveries. Their search for their star's lost power takes them to the forgotten twin star-Memor, an environment completely different from anything they have known.

All "Memorylight" shows at the Visitacion Valley Community Center are free and open to the public. For information and reservations contact: Wendy Blair at (415)467-3075 or call the Center at (415)467-6400 Monday thru Friday 9-5.

Banquet to Honor Klotovich

Mike Klotovich, former Mission High School football great and brother of Kate Jasoni and Rose Donovan, lifetime Valley residents and Community Center volunteers, will be honored along with nine all-time players named to the 1987 San Francisco Prep Hall of Fame at the fifth annual San Francisco Prep Hall of Fame Banquet on May 26 at the USF Commons. Former Examiner sportswriter, Don Selby, will be the master of ceremonies for the event.

Klotovich, whose older brother, Yotz, is a charter member of the Hall, is considered to be one of the outstanding all-around players to ever perform in the Academic Athletic Association. He led Mission High to the 1936 championship. He later attended St. Mary's College and played for the San Francisco Clippers.

The Klotovichs join Mike Lewis and his brother, Denny, of Lincoln High as the two brother combinations in the Hall.

Reservations for the banquet can be made by sending your check for $20.00 per person to Saul Madres, 75 Country Club Drive, San Francisco 94132.

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GRAPEVINE
VISITACION VALLEY

BACK TO THE BEAT

By: Sgt. Dennis Gustafson

A study of recent listed crime statistics representing reported crimes in Visitacion Valley indicates an unusually low number of incidents of victimization. Is this the case in your neighborhood? As a result of the many meetings I attend and my close friendship with the people of the "Valley of the Good Neighbor." I don't think so. I think that the problem or perhaps the answer to the problem is in the reporting of crime.

The Chief of Police, directs his Officers to combat crime where statistics show the need to be the greatest. Statistics are compiled by the reporting of crime; thus more crime reporting produces higher statistics, which in turn brings more officers to serve you in your neighborhood.

The most expeditious way to report a serious crime or any type of emergency is to use the 9-1-1 telephone number. 9-1-1 is accessible from all phones, at home, pay phones (no coins required) cellular phones, mobile phones, and TDD phones (telecommunications devices for the deaf).

When you need to report a serious crime or one in progress, DIAL 9-1-1, not the operator ("O"), not a friend or relative, but the Police Emergency 9-1-1 system. A specially trained Police Operator will answer. Remain calm and state your location and the nature of the emergency. Example: I am at the Bank of America at Leland and Bayshore and I have just been robbed. Immediately a coded priority assignment is sent to the radio dispatcher and help is on the way, but don't hang up. The operator will then ask additional important questions to obtain necessary information and facts to assist in police service or apprehension of suspects. Information like description of suspects, means and direction of escape, types of weapons used, etc.

Even if you are unable to talk, stay on the phone. The SFPD 9-1-1 Emergency program has special features to assist citizens, most importantly the automatic location identification and the automatic number identification. When you call for help on 9-1-1 your address and phone number show up on the computer screen in front of the Police Operator answering your call. That includes apartment numbers in an apartment building and/or business names in a commercial building. In addition, the system allows for the transfer to interpreters of non-English speaking 9-1-1 callers who speak Cantonese, Spanish, or Vietnamese. And you parents out there, be sure to teach your children when and how to use 9-1-1.

For non-Emergency routine Police business, such as illegally parked vehicles, minor crimes, or major crimes that have already occurred and have no immediate danger element, DIAL 553-0123.

Remember, reporting crime produces crime statistics, higher crime statistics result in more police officers, and more police presence results in the reduction or removal of crime. It's your home, your neighborhood, your Valley, do your part.

Sgt. Gustafson welcomes your questions on law enforcement, crime prevention or any other police issues.

It's A Small World Carnival

Our Lady Of The Visitacion-parent/teacher group is sponsoring their second annual "International Carnival".

There is fun for all ages. On Friday, May 1st from 6:30- 11:00P.M., we will have a Champagne Preview, admission is $2.50 and includes champagne and 1 free game of bingo. Adults only. Tickets at the door. On May 2 & 3 are family days. We will have a grocery booth, toy booth, ceramics/plant booth, children's games, raffles, black jack, mahjong, food, and much more. Sunday starting at 2:00 P.M. we will serve our Sunday dinner. Tickets are by reservation only. If you need tickets or further information please call 239-7840 or 467- 0236.

Save Gardens

Continued from Page 1

We have strong arguments that the property is not surplus, but we need everyone's support. The gardens provide food, recreation, intergenerational involvement, interracial activity, and education for all age levels, from ages five to eighty-five.

Letter writing, petitioning, and phone calling are needed. If you wish to help or volunteer, we need you. What we need right now is letters to be written in support of the community gardens and for the open space in the Valley. Please address all support letters to: Hyoka Bells 50 Raymond Ave., S.F. Ca. 94134 or to SLUG 515 Courtland, S.F. Ca 94110 or call Hyoka Bells at 467-6400 between 9-1 or 695-9100 (SLUG) from 1-5. Look for petitions in the neighborhood.

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LOCAL CHURCH EASTER CELEBRATIONS

Valley Baptist Church
305 Raymond Ave. S.F.
Pastor -- Jim Pittman
Apr. 12 Palm Sunday Services 11:00 a.m.
Apr. 19 Guest Speaker, Sam Beene. Easter Sunday Services 11:00 a.m. Potluck following the service.
Good Friday Services will be at Nineteenth Avenue Baptist Church, 1370 19th Ave.

Church Of The Visitacion
655 Sunnydale Ave., S.F.
Pastor -- Father Marini
Apr. 11 -- 5 p.m. Palms distributed and blessed Apr. 12 -- 8-9:15 -- 11:00 (Spanish) 12:15, Palm Sunday. Palms distributed and blessed at all services.
Apr. 16 -- 9 a.m. and 7:30 p.m. (Confessions 3:30 & 5:30), Holy Thursday.
Apr. 17 -- 12-3 p.m., Communion 2-3 p.m. -- 7 p.m. (Spanish) Apr. 18 -- 7:30 p.m., Easter Vigil Mass.
Apr. 19 -- Easter Sunday -- 7-8-9:15 a.m. 11 (Spanish) and 12;15.
Our Lady Of Guadalupe
285 Alvarado St., Brisbane
Pastor -- Father Marini
Apr. 12 -- Palm Sunday 10 a.m., Palms distributed and blessed.
Apr. 19 -- Easter Sunday, 10 a.m.

St. Elizabeth's Church
445 Holyoke, S.F.
Pastor -- Father Durkin
Apr. 11th -- Confessions in English & Spanish 3:30 to 4:30 p.m. Mass: 5:00 p.m. -- Simple Blessing and Distribution of Palms.
Apr. 12th -- Masses: 7:30, 9:00, 10;30 a.m. 12:15 and 5:00 p.m. Solemn Blessing & Procession of Palms from School Yard at 10:30 Mass only. Simple Blessing and Distribution at other Masses.
Apr. 13, 14, and 15th. Masses: 8:00 a.m. & 5:30 p.m. Confession: Apr. 15, 4-5 p.m.
Stations of the Cross & Confession in Maltese, Wed., 730 p.m. (Sponsored by the Maltese Society).
Apr. 16: Mass 8:00 a.m. -- (NO 5:30 Mass). Solemn Celebration Of The Lord's Supper -- 7:30 a.m. Adoration in Side Chapel until 10 p.m.
Apr. 17: Good Friday, 12 noon Stations of the Cross 12:45-2 p.m. Reflections & Sermons based on the Seven Last Words 2-3 p.m. Solemn Liturgy: Veneration of the Cross and Eucharist. NO afternoon comfessions. 7:30 p.m. Solemn Liturgy in Spanish, Veneration of the Cross and Eucharist NO evening comfessions.
Apr. 18: Confessions: 11 -- noon in English, Spanish & Italian; 3:30 to 5 p.m. in English 7 Spanish. NO evening confessions & NO 5 p.m. Mass Solemn Vigil of Easter, Lighting of New Fire & Easter Candle, Blessing of Baptismal Water & Adult Baptism, Liturgy of the Word and Holy Eucharist -- 7:30 p.m.
Apr 19 Easter Sunday; Masses: 7:30, 9:00, 10:30 a.m. NO evening Mass.

Ridgeview United Methodist Church
590 Leland Ave., S.F.
Pastor -- Rev. Wright
Apr. 12 -- Palm Sunday 11a.m.
Apr. 19 -- Easter Sunday 11a.m.
Good Friday Services will be celebrated with other Methodist Churches at Temple United Methodist Church, 1111 Junipero Serra Blvd. at 7 p.m.

Samoan Congregational Church Of Jesus
606 Schwerin, Daly City
Pastor -- Rev. Falo
Apr. 17 -- Good Friday Services 7 p.m. -- Holy Communion
Apr. 19 -- Easter Sunday, 11 a.m.

St. James Presbyterian Church
240 Leland Ave., S.F.
Pastor -- Rev. Advincula
Apr. 12 -- Palm Sunday, 10:30 a.m.
Apr. 16 -- Maundy Thursday, 7:30 p.m. -- Holy Communion
Apr. 19 -- Easter Sunday, 10:30 a.m.

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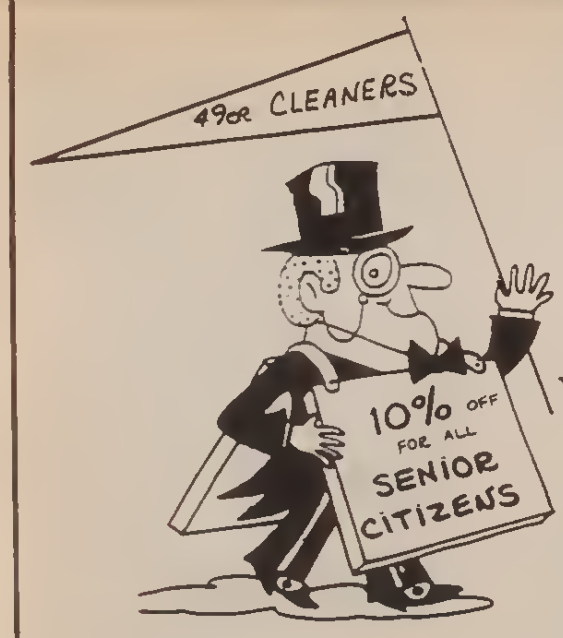

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WHEN THE VALLEY WAS YOUNG

By Len Appiano

Establishing a neighborhood in one of the most remote regions of San Francisco, efficient public transportation has long been a necessity to the residents of Visitacion Valley.

Today's Muni 9-San Bruno and 15-Third Street lines both travel northward to the city's Financial District, while the 29-Sunset is routed crosstown towards the beach. Community service is faithfully provided by the 56-Rutland.

But before the impending transit modernization after World War II which resulted in the gradual predominance of busses, local public transportation was served by streetcars.

Market Street Railway operated three Downtown-bound lines which residents could catch at the Five Mile House still located at San Bruno and Wilde Avenues.

Making its terminal at the Six Mile House at Sunnydale

Ave. and Bayshore Blvd., the 16-Third and Kearny traveled more than seven miles up both streets before arriving at the Ferry Building.

At the Five Mile House, the 25-San Bruno Avenue began its 5 1/2 mile northbound journey up San Bruno Avenue and Bayshore Blvd., and eventually arrived at Fifth and Market Sts. after turning at Army St. and traveling up Bryant St.

During the war, this line uas extended to the Ferry Building and had its southern terminal moved to Arleta Ave.

Also leaving the Five Mile House was the 29-Third and Sansome which journeyed up Third and Kearny Sts., to the Embarcadero, taking in a few blocks of Bush St., and a stretch of Sansome St. along the way.

After 1935, this line had its southern terminal moved to the Six Mile House, where connection could be made with Visitacion Valley's own "galloping Goose" line.

Following the voter-approved consolidation of Market Street Railway with the city-owned lines on September 29, 1944, Muni extended its H-line to the Five Mile House. Muni had also raised its fares from five to seven cents.

Grapevine Puzzler

OUR MERCHANT OF THE MONTH!

MAMA'S AND PAPA'S DELI

By Anne Kaartunen

SOLUTION NEXT ISSUE

E S R 1 0 7 L E L A N D A V
L A M O N T E R I Y A K I A
I M A M A S A N D P A P A S
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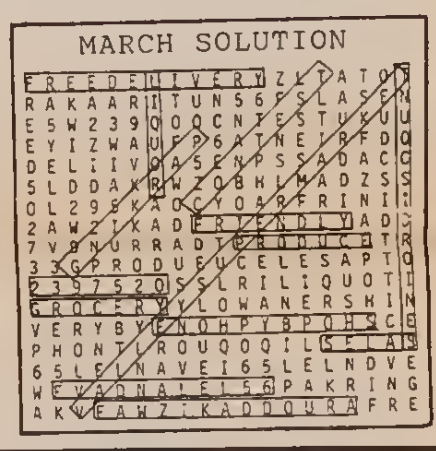
P 3 A F H F R I E N D L Y O
E K D L E E D L O C N T O H
I L A M S E G A R E V E B T

WORD LIST

MAMA'S AND PAPA'S
DELI
107 LELAND AV
5B4-7774
FRESH
SANDWICHES
DAILY
TERIYAKI
ROAST TURKEY
HOT-N-COLD
"PEOPLE SMILE"
B-B-Q BEEF
BEVERAGES
FRIENDLY

Words may overlap and letters may be used more than once.

MARCH SOLUTION



Senior Transportation Escort Service

Visitacion Valley Senior Transportation Escort Service has become the first agency to contract with EOC to certify and distribute food boxes to homebound seniors. These boxes will contain canned meat, fruits and vegetables along with several other items, so the qualifying senior, will receive approx. 35 lbs of food per month. There will be many seniors that will not be able to transport these boxes of food, so VVSTES is looking for volunteers to assist the staff in getting this food delivered.

Do you know a Senior in need of this service?

Do you have a vehicle and a couple of hours per month?

Can you lift 35 lbs? If so we need you! Please call 239- 6233.

APRIL GRAPEVINE DRAWING

NAME _____

ADDRESS _____

PHONE _____

Drop your completed coupon in the box at any participating merchant before the 20th of each month to be eligible for our monthly drawing. Coupons will not be retained from one month to the next. No pruchase necessary. Must be 18 years or older to win.

Visitacion Valley Community Center

50 Raymond Avenue San Francisco, CA 94134 467-6400

JOIN
Your Center

- □ Family School Program
- □ Youth Program
- □ Community Garden
- □ Food Distribution
- □ Theatre Works
- □ Valley United
- □ Senior Activities

SUNDAY BINGO

Doors Open 12 Noon
Games Starts 2 p.m.

15 Games 5 Specials
$250 Bonanza

Free Markers To New Players

MERCHANTS MINI-NOTES

By Anne Kaartunen

Special Thanks.

Merchants have generally been very responsive to their community and of special notice is Fawzi Kadduora, owner of Valley Super Market. In January, he gave a beautiful Holiday dinner for seniors and friends at the VVCC. All of the participants appreciated Fawzi's generousity and thoughtfulness!

The Mayor's In school Youth Program applauses Fawzi for providing on-site job training for the youngsters in the MISY program. Merchants interested in the MISY program should contact: Liz Jackson at VVCC 467-6400.

Thank you Leland Ave Pharmacy & Valley Super Market for mural program film and Anna's Flowers for garden program tool donation to Visitacion Valley Elementary School.

Welcome, new members of the Merchants Association. Forty- Niners cleaners (see Ad) and Ruby's Bakery (will be baking cakes again, soon!)

Check out new, Tuesday night special at the Hawaiian Luau, spit-roasted, Island-style barbecued chicken--- all you can eat for $8.99 (children under 12 free).

S.F. Bar Association Offers Free Legal Services

Do you have a problem that may require an attorney? Visit the free Legal Advice and Referral Clinic.

Saturday, April 11, 1987, 10:30A.M. to Noon, San Francisco Public Library Main Branch, Larkin & McAllister. You will receive a private consultation with an attorney who will determine if you have a legal problem. If you need further legal assistance, you will also receive a referral from the attorney to an appropriate agency. For more information, call (415)391-6102.

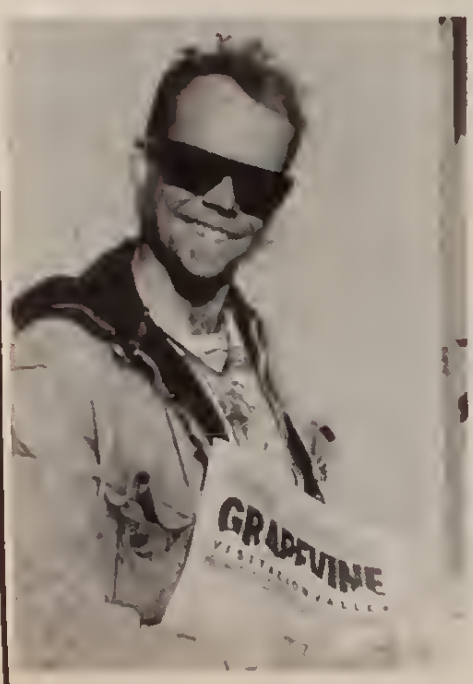
The Legal Advice and Referral Clinic is held the second Saturday of each month at the Main Branch of the San Francisco Public Library.

The Legal Advice and Referral Clinic is a free service of the volunteer legal services program (VLSP) of the Bar Association of San Francisco.

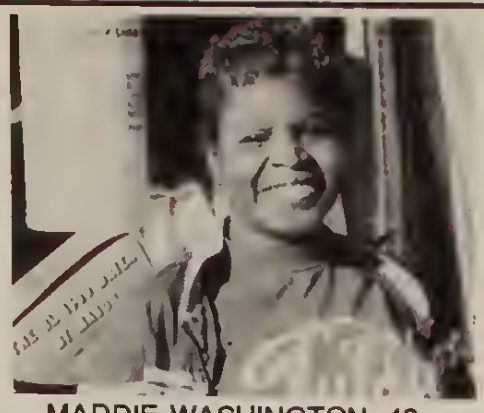
VALLEY INQUIRER

By Nancy Kerns
Photos : Jamie Tanaka

What do you like best about Visitacion Valley?



TIM SMITH, 31: "I like to run up that hill (McLaren Park). It's beautiful up there. I just run around. It's too bad it's full of junk. It's such a nice park. It is full of good air.



MADDIE WASHINGTON, 42, "I'm a beautician and I love my customers. I love the sunshine...I love the Valley. I've worked here around 7 years, and I have the chance to leave the Valley, but I'm not going. My shop is going to move, but I told the owner I was not going to move with her because this is my area, and I really care about it. I'm staying here."

JESSICA HACKETT, 12:"I have a whole bunch of friends here and I like the school. I like the stores around here and the library.

JENNIFER, 13: "It's like a community here. I like everything but the crime. Nobody likes the crime."

GERALD FORTIER, 25: "I like the scenary. I like McLaren Park. I live in Geneva Towers so the rent is cheaper. I can't afford to live in other parts of San Francisco. Everything is close. The post office is close, and I can get my money orders here. They built a new McDonald's and our church is close. Everything is in one compact place. I don't have to travel far.

HENRY ROPATI, 8: "Some kids play after school at the elementary school, and they want us to play too. I like the school. They're painting a big picture on the wall."

TYRONE NIVATOA, 10: "It's fun to play around here. I like that school (VV Elementary). It's really fun there."

How Do Your Gardens Grow?

By Hyoka Bells

April showers bring May flowers: but they have to be planted first. So lets get those flowers in early so we will have lots of color for spring.

PLANT DIRECTLY: *Flowers* : boroge, cosmos, morning glory, nasturtiums. *Vegetables* : beans (bush & pole), beets, carrots, chard, broccoli, cabbage, celery, corn (early varieties), dill, peanuts, radishes, leeks, lettuce, peas, soybeans, sunflowers, spinach, turnips.

TRANSPLANT: *Flowers* : asters, calendula, herbs, marigolds, zinneas. *Vegetables* : brussel sprouts, lettuce, onions, parsnips, leeks, New Zealand spinach, okra,rutabagus, scallions, tomatoes.

START IN FLATS: *Flowers* : asters, marigolds, petunias, summer savory, zinnias. *Vegetables* : basil, chard, cucumbers, melons, okra, peppers, pumpkin, squash, tomatoes.

CUTTINGS: Fushia, geraniums, margueritis.

Check plants for: slugs, snails, aphids, earwigs.

WANT ADS

2/lines/26 spaces a line-$3
3 lines more 75¢ per line.
DEADLINE: 20th ea. month

CALENDAR

APRIL

April : CCSF Performing Arts Series Spring 1987.
"Getting Out", 1&5, 2:30 p.m., 2,3,4, at 8:00 p.m.
"An Evening of Dance", 10&11, 8:00 p.m.
'The Best In American Band Music", May 1, 8:00 p.m. Call CCSF at 239-3339 for information.

April 8: Merchants Assoc. Meeting, 7:00 p.m.,Community Center

April 15: Little Hollywood Improvement Association, 7:00 p.m., at the Korean Presbyterian Church 120 Lathrop Ave.

DEADLINE: 20th ea. month

April 24: Improvement Association Meeting, 7:30 p.m., Community Center

April 28: Valley United 9:30 a.m., Community Center, everyone is welcome to plan May 16th Street Fair, Parade and Arts Festival.

May 1,2 & 3: OLV-PTG International Carnival Church of the Visitacion Hall. Games-bingo-mahjong-food-prizes. For more info see ad or call 239-7840

SCHOOL HOLIDAYS
Our Lady Of Visitacion
April 17 Good Friday
April 20-24 Easter Vacation
San Francisco Public Schools
April 13-17 Spring Recess

A.A. Helps To Solve A Common Problem

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other than they may solve their common problem and help others to recover from alcoholism.

The only requirements for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

A new Alcoholic Anonymous group will be meeting every Wednesday night at 7:00 p.m. at the Community Center, 50 Raymond Ave., Second Floor. Everyone is welcome who wishes to stop drinking.

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TUESDAY Police/Firemen, Schlage Lock
WEDNESDAY Hospital, Civil Service
(All Government Employees)
THURSDAY Telephone, Cablevision, PG & E
FRIDAY Construction Workers, Public Transportation, Muni-School Bus, Greyhound

SportScene

By Frank Oddo

Have a sport or sport like activity you want publicized? Call Frank Oddo at 467-2600 days or 467-4317 evenings.

McLaren Park, Motorsports, and You!

One of the great natural resources available to the residents of the Valley is the second largest park in San Francisco- McLaren Park. Take advantage of the park, it has so much to offer, scenic views of bay and city, hiking, jogging and bicycle trails, playgrounds, tennis courts, picnic areas, a golf course.

There is even an observation tower. McLaren is not overcrowded like Golden Gate Park, it's wonderfull

Unfortunately, there is a small group of motorsport enthusiasts bent on wrecking this scenic wonder. The results of their destructive activities are obvious. The eroded gouged hillsides of McLaren around Manseli and Visitacion Avenue bear ample testimony to their destructive conduct. It is not the purpose of this column to criticize any particular sport or its enthusiasts. Riding vehicles off street whether motorcycles, go-karts, or four wheel drive holds plenty of adventure and excitement. There is nothing wrong with it in the proper areas designated for such use. McLaren Park is not one of these areas. Please stop! If you see someone abusing the park, notify the proper authorities immediately.

Social Security Is A Phone Call Away

People thinking of retiring or filing a claim for Social Security disability, survivors benefits, Medicare or Supplemental Security Income (SSI) can do so over the telephone, Isaac Williams, Social Security Manager said recently.

Using the telephone has several advantages, including:

No waiting in the office.

Savings in your personal time.

Savings in transportation cost and time.

You can be in the comfort of your home when you file your claim.

It may save you additional trips to the office.

The best time to phone is in the afternoon during the latter part of the week.

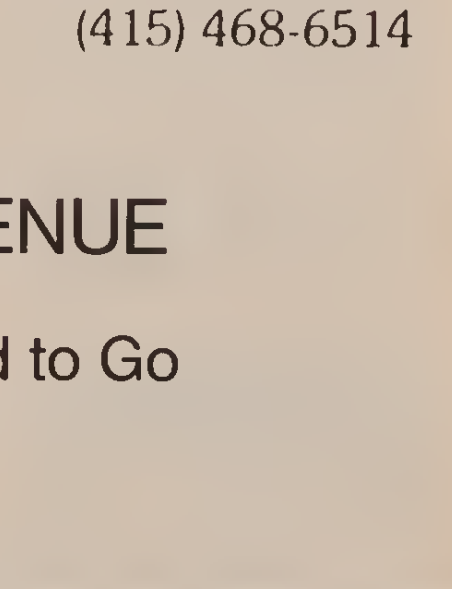
He also said if you prefer to come into the office you can phone and make an appointment.

Remember most Social Security business can be handled over the phone. Phone 956-3000 if you wish to file your claim by telephone.

Why leave home when you can phone Social Security?

Most Social Security business can be handled by phone. If you're applying for Social Security benefits or if you need information, you can save time and a trip by calling first.

U.S. Department of Health and Human Services
Social Security Administration



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Representative in Congress

FIFTH DISTRICT

TOM Spinosa

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